



# ENGLISH PLUS TENNIS SPECIALISM

**Samiad's tennis specialism will be returning for summer 2023. It is a fantastic opportunity for young aspiring tennis players.**

Delivered by highly qualified LTA coaches, tennis sessions take place each afternoon, and are designed to improve participant's skills in all aspects of the game.

## Quick facts:

- Full-board residential campus accommodation
- 4 x 3-hour tennis coaching sessions per week from LTA qualified coaches
- Structured evening activities
- 2 full-day excursions per week
- Medal on completion of the course

From positional play and footwork, to key techniques and playing the killer shot, our coaches work with children of all abilities and tailor the sessions to each specific level.



# ENGLISH PLUS TENNIS SPECIALISM ITINERARY

	<b>Breakfast</b> 08.30 - 09.00	<b>Morning</b> 09.15 - 13.00	<b>Lunch</b> 13.00 - 14.00	<b>Afternoon</b> 14.15 - 17.45	<b>Dinner</b> 18.00 - 19.00	<b>Evening</b> 19.30 - 21.30	<b>Lights out</b> 22.00
<b>Sunday</b>	Choice of breakfast options	Student arrivals	Student arrivals	Ultimate Frisbee / Zapp / Ice-breaker games	Choice of three dinner options	Bonding Belt / Benchball / International Club / Dodgeball / Yoga	
<b>Monday</b>	Choice of breakfast options	English lessons	Choice of three lunch options	Shot training - forehand / backhand	Choice of three dinner options	Picture Challenge / Football / Question Time / Swimming / Music Video Making	
<b>Tuesday</b>	Choice of breakfast options	Cambridge punting + sight-seeing tour	Packed lunch	Cambridge punting + sightseeing tour	Choice of three dinner options	Trashion Show / Pamper Party / Movie Night	
<b>Wednesday</b>	Choice of breakfast options	English lessons	Choice of three lunch options	Shot training - master your serve and volley	Choice of three dinner options	Big Chief / Bracelet Making / Basketball / Dance	
<b>Thursday</b>	Choice of breakfast options	English lessons	Choice of three lunch options	Singles tournament	Choice of three dinner options	Lip Sync Battle - Showtime	
<b>Friday</b>	Choice of breakfast options	Alton Towers Theme Park	Packed lunch	Alton Towers Theme Park	Choice of three dinner options	Quiz	
<b>Saturday</b>	Choice of breakfast options	English lessons	Choice of three lunch options	Footwork training and individual challenges	Choice of three dinner options	Graduation / Talent Show / Party	
<b>Sunday</b>	Choice of breakfast options	English workshop	Choice of three lunch options	Team vs Team	Choice of three dinner options	Egg Drop	
<b>Monday</b>	Choice of breakfast options	English test + tour + ice-breaking games	Choice of three lunch options	Doubles tournament	Choice of three dinner options	Letter Challenge / International Club / Badminton / Zumba	
<b>Tuesday</b>	Choice of breakfast options	English lessons	Choice of three lunch options	Medieval Games And Camping At Warwick Castle	All you can eat buffet dinner	Warwick Castle Glamping	
<b>Wednesday</b>	All you can eat breakfast buffet	Warwick Castle and Dungeons	Packed lunch	Warwick Castle and Dungeons	Choice of three dinner options	Challenge Time	
<b>Thursday</b>	Choice of breakfast options	English lessons	Choice of three lunch options	Singles tournament	Choice of three dinner options	Balloon Pop / Free Style Football Skills / Karaoke / Dragon Den / Pom Pom Making	
<b>Friday</b>	Choice of breakfast options	Jorvik Viking Centre	Packed lunch	York Walking Tour	Choice of three dinner options	Twisted Bingo	
<b>Saturday</b>	Choice of breakfast options	English lessons	Choice of three lunch options	Doubles tournament	Choice of three dinner options	Graduation / Talent Show / Party	
<b>Sunday</b>	Choice of breakfast options	Student departures	Student departures				